

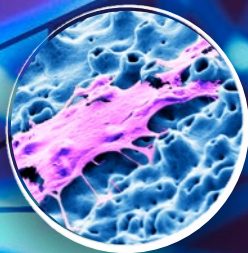
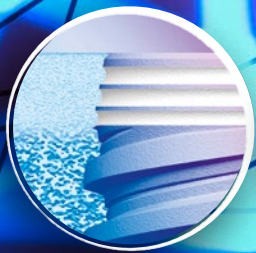
# Science First

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**NobelActive®**

Over 10 years of clinical experience



## **Cover**

NobelActive is an implant like no other. The back-tapered coronal design of NobelActive is designed to optimize bone and soft tissue volume for natural-looking esthetics. This is highlighted in the image in the foreground and the left inset. The right inset image focuses on a mesenchymal stem cell adhered to the proven TiUnite® implant surface. The background image shows the 3D mesh of the upper surface fading into a 2D outline illustration, combined with a NobelActive rendering focusing on the upper part of the implant.

# Contents

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<b>NobelActive</b>	
Over ten years of clinical experience with NobelActive®	4
Scientific evidence backs NobelActive® implants	5
Key studies	6
Clinical cases	9
Overview of studies	12
References	15

# Over ten years of clinical experience with NobelActive®

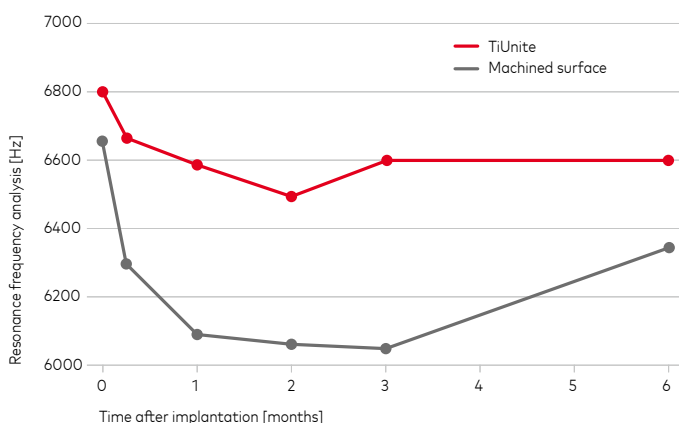
The innovation of NobelActive represented a breakthrough in implant design, harmonizing biomedical engineering expertise with the clinical needs and the wisdom of clinicians. NobelActive's expanding tapered implant body condenses bone gradually while the apex with drilling blades enables a smaller osteotomy. These features help to achieve good primary stability in demanding situations, such as soft bone or extraction sockets.

## Perfect harmony of drilling protocol, geometric design and implant surface

The NobelActive surgical protocol and implant design are designed to provide good primary stability and support immediate loading. Reverse-cutting flutes with drilling blades on the apex enable experienced clinicians to adjust the implant position during placement for an optimized restorative orientation, particularly in extraction sites. NobelActive's patented back-tapered collar, together with the strong conical connection and built-in platform shifting, can aid in preservation of soft tissue and marginal bone.<sup>1, 2, 3, 4</sup>

The osteoconductive properties of NobelActive's TiUnite surface, supporting fast apposition of newly formed bone, helps ensure that good stability achieved at implant insertion can be maintained throughout the critical healing phase. Clinically, this relationship between the osteoconductive effect of the TiUnite surface and implant stability in patients with predominantly soft bone was confirmed by Glauser et al, with Brånemark IV implants.<sup>5</sup>

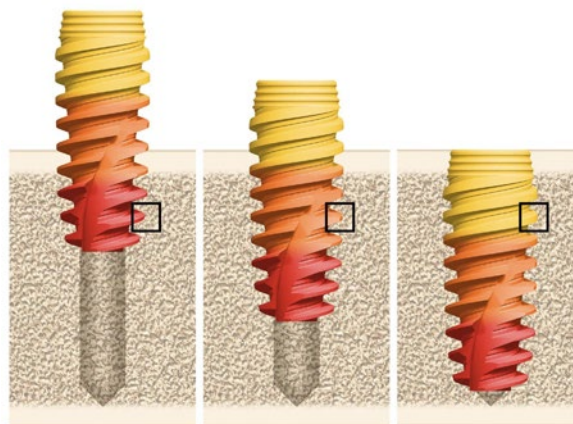
## Good stability in the critical healing phase allows for Immediate Function



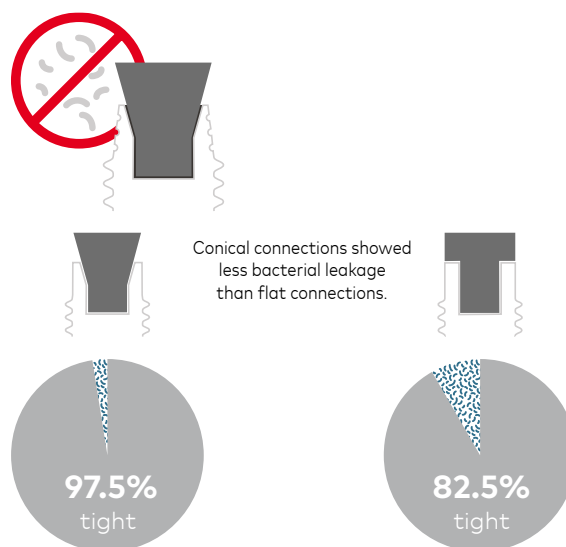
Higher stability with immediately loaded TiUnite surface implants (external hexagonal connection) than with the same implants with machined surface in the posterior maxilla.<sup>5</sup>

The conical connection of NobelActive seems to have an advantage against leakage. Conical connection implants, including Nobel Biocare's conical connection, showed lower bacterial leakage compared to flat connections, in an in-vitro model.<sup>6</sup>

## Good primary stability in demanding situations, such as soft bone or extraction sockets



NobelActive's expanding tapered implant body condenses bone gradually while the apex with drilling blades enables a smaller osteotomy.



**Conical connections**  
Bacterial leakage with:  
Osstem™ GSI with FreeForm ST abutment

**Flat connections**  
Bacterial leakage with:  
Camlog® Root Line J-series with Esthetic® abutment  
Dentsply® XiVE® S plus with EstheticBase abutment

The included NobelActive Conical Connection implants with Snappy Abutment showed no leakage in this model.<sup>6</sup>

# Scientific evidence backs NobelActive® implants

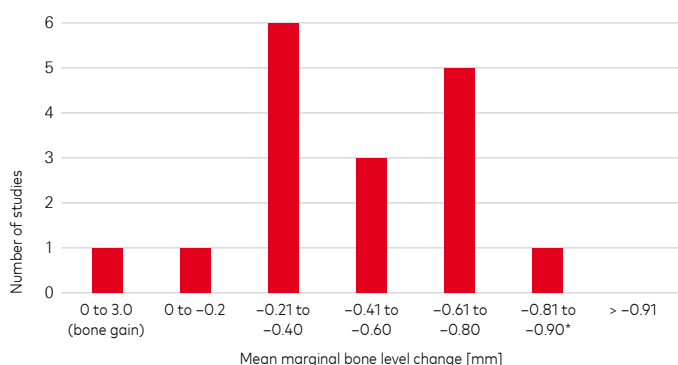
In the more than 10 years since its introduction to the market, over 14,300 NobelActive implants in over 2,600 patients have been clinically evaluated in 41 clinical studies<sup>A</sup> (see tables on pages 12 to 14).

## Key findings<sup>B</sup> of clinical studies with NobelActive are:

- Studies reporting mean marginal bone level change with NobelActive implants show low bone remodeling in the healing phase followed by stable or increasing bone levels.<sup>1, 2, 3, 7, 8</sup>
- After up to 6.7 years of function, NobelActive shows excellent hard- and soft-tissue outcomes and 100 % survival rate.<sup>9</sup>
- The implant design and conical connection with built-in platform shifting result in less crestal bone change than a comparable implant without these features.<sup>2, 3</sup>
- Papilla size significantly improves during the first year, and from implant insertion until 3 and 5 years.<sup>1, 7</sup>
- The unique implant design ensures good primary stability<sup>10</sup> even in soft bone and fresh extraction sockets.<sup>1, 3, 7, 8, 9, 11, 12</sup>
- NobelActive is a reliable implant for Immediate Function protocols,<sup>1, 4, 11</sup> as well as challenging cases such as severely atrophic maxilla.<sup>13, 14</sup>
- NobelActive is successful with full-arch restorations including the All-on-4® treatment concept.<sup>14, 15, 16</sup>

Twenty-two studies with 1 to 5 years' follow-up have evaluated bone level change with NobelActive implants. No study with a minimum of 1-year and up to 5-years of follow-up had a mean bone remodeling of over –0.89 mm.<sup>17, 18</sup>

## Studies report mean marginal bone level change from implant insertion with NobelActive implants



\* Excludes a single study that evaluated a predecessor NobelActive implant that was not made commercially available, which had a slightly different connection and back-taper.

A Only peer-reviewed publications with minimum of 10 implants and minimum one-year follow-up. Meeting abstracts, reviews, single case reports, technique descriptions, and animal and in-vitro tests are excluded.

B Note: Findings may have been reported in clinical studies presented as conference abstracts.

## NobelActive in patients with limited residual bone or inter-dental space

The design of NobelActive allows its insertion in difficult situations, e.g. in patients with limited residual bone or inter-dental space.

In a retrospective study to evaluate the clinical performance of 153 NobelActive implants placed in a tilted manner in fresh extraction sockets and immediately restored with Multi-unit Abutments, the survival rate was 99.3 % at 3-year follow-up.<sup>19</sup> Abutment angulation and implant diameter had no impact on mean marginal bone remodeling, which was –0.68 mm ± 1.2 mm after 3 years.<sup>19</sup>

NobelActive 3.0 implants in the esthetic zone allow clinicians to restore lateral maxillary incisors and lateral and central mandibular incisors immediately, with a high level of survival. In a recent publication by Kolinski and coworkers,<sup>20</sup> interim 1-year results of a 5-year study with 82 NobelActive 3.0 implants in the esthetic zone were reported. Implant survival was 96.7 % and no implants fractured. Bone levels were stable with only –0.57 mm remodeling from insertion to 6 months, and –0.25 mm from insertion to 1-year follow-up. Pink esthetic scores significantly improved from 6.3 ± 0.4 at pre-treatment, to 8.5 ± 2.1 after placement of the definitive prosthesis, and to 10.5 ± 2.5 at 1 year. This further speaks to the crucial interrelationship between implant surface, drill protocols and geometrical design.

## Key studies

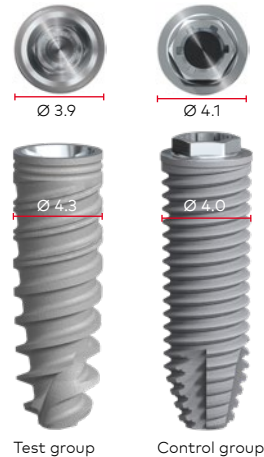
Three-year post-loading results of a randomised, controlled, split-mouth trial comparing implants with different prosthetic interfaces and design in partially posterior edentulous mandibles

**Pozzi A, Tallarico M, Moy PK**

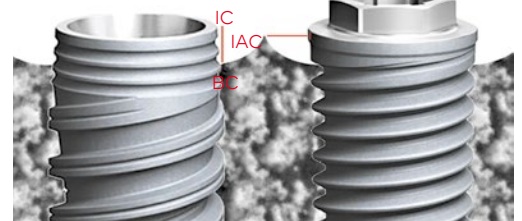
Eur J Oral Implantol 2014;7(1):47–61.



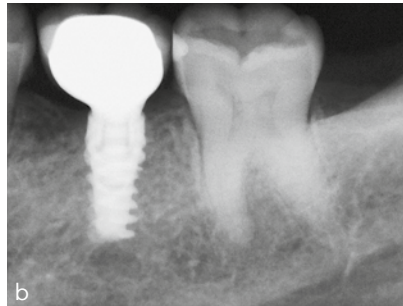
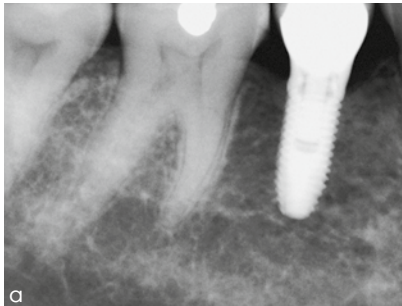
Clinical view of the two investigated implant designs.



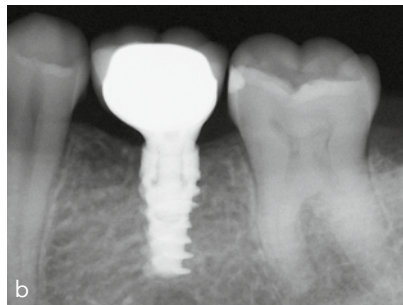
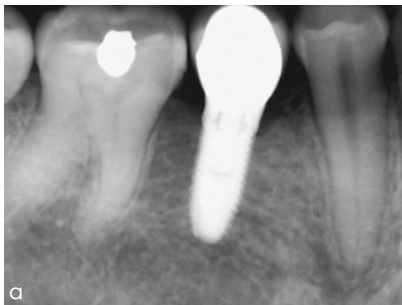
Characteristics of the two different implant designs and connections used in this study



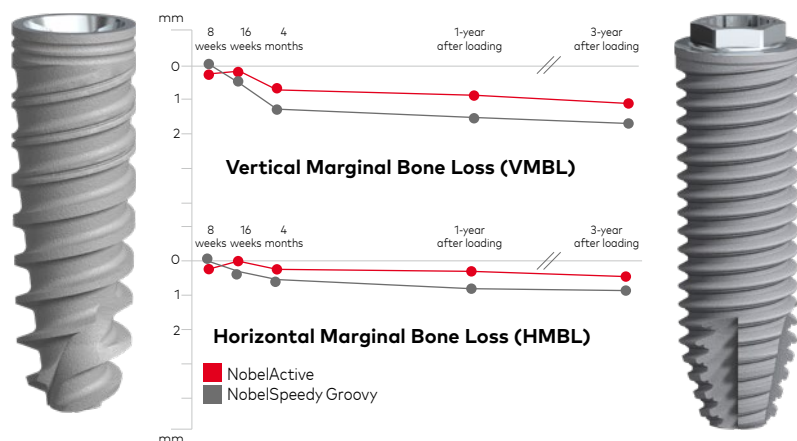
Diagrams showing the measurement locations utilized in this investigation:  
 Vertical marginal bone loss (VMBL) = the distance from the most coronal margin of the implant collar (IC) and the top of the bone crest (BC)  
 Horizontal marginal bone loss (HMBL) = the distance from the internal aspect of the socket wall at the level of the alveolar crest (IAC) to the implant surface (I).



Periapical radiographs after 1 year in function:  
 (a) NobelSpeedy Groovy implant (control group);  
 (b) NobelActive implant (test group)



Periapical radiographs after 3 years in function:  
 (a) NobelSpeedy Groovy implant (control group);  
 (b) NobelActive implant (test group)



Graph showing the vertical and horizontal marginal bone loss from implant insertion to 3-year follow-up of all implants



Intraoral photographs after 3 years in function:  
(a) NobelSpeedy Groovy implant (control group);  
(b) NobelActive implant (test group).

### Original abstract

**Purpose:** To compare the clinical and radiological outcomes of two implant designs with different prosthetic interfaces and neck configurations.

**Materials and methods:** Thirty-four partially edentate patients randomly received at least one NobelActive implant (Nobel Biocare, Goteborg, Sweden) with back-tapered collar, internal conical connection and platform shifting design, and one NobelSpeedy implant (Nobel Biocare) with external hexagon and flat-to-flat implant-abutment interface according to a split-mouth design. Follow-up continued to 3 years' post-loading. The primary outcome measures were the success rates of the implants and prostheses, and the occurrence of any surgical and prosthetic complications during the entire follow-up. Secondary outcome measures were: horizontal and vertical peri-implant marginal bone level (MBL) changes, resonance frequency analysis values at implant placement and loading (4 months), sulcus bleeding index (SBI) and plaque score (PS).

**Results:** No drop-out occurred. No implants and prostheses failures were observed to the 3-year follow-up. MBL changes were statistically significant different with better results for the NobelActive implants for both horizontal

and vertical measurements ( $p = 0.000$ ). After 3 years post-loading, the NobelActive implants underwent a mean vertical bone resorption of 0.66 mm, compared with 1.25 mm for the NobelSpeedy Groovy implants ( $p = 0.000$ ); the mean horizontal bone resorption was 0.19 mm for the NobelActive implants and 0.60 mm for the NobelSpeedy Groovy implants ( $p = 0.000$ ). A high ISQ value was found for both implants, and no statistically significant difference was found for ISQ mean values between interventions ( $p = 0.941$  at baseline;  $p = 0.454$  at implant-abutment connection;  $p = 0.120$  at prosthesis delivery). All implants showed good periodontal health at the 3-year-in-function visit, with no significant differences between groups.

**Conclusion:** The results of this research suggest that in well-maintained patients, the MBL changes could be affected by the different implant design. After 4 months of unloaded healing, as well as after 3 years in function, both implants provided good results, however vertical and horizontal bone loss had statistically significant differences between the two groups (difference of  $0.58 \pm 0.10$  mm for the vertical MBL, and  $0.4 \pm 0.05$  mm for the horizontal MBL), with lower values in the NobelActive implants, compared to the NobelSpeedy Groovy implants.

## Evaluation of a variable-thread tapered implant in extraction sites with immediate temporization: a 3-year multi-center clinical study

**Kolinski ML, Cherry JE, McAllister BS, Parrish KD, Pumphrey DW, Schroering RL**

J Periodontol 2014;85(3):386–394.



### Summary of the study

Kolinski et al. (2014) report excellent results: high CSR, stable bone levels, good soft tissue health and patient satisfaction using NobelActive implants. A total of 60 implants were placed in 55 patients at 6 centers, all in extraction sites and subjected to Immediate Function. Patients requiring major bone augmentations were excluded, while minor augmentations were permitted. CSR after 3 years was 98.3 %. Bone levels were exceptionally stable: Bone remodeling of a mere -0.2 mm during the first 6 months quickly stabilized and showed even a non-significant bone gain of 0.3 mm at 3 years. Papilla scores increased significantly ( $p < 0.001$ ) from insertion to 3-year follow-up, with most of the increase occurring during the first year.

The results on quality of life are also noteworthy, with significant improvements in patient self-ratings on esthetics, self-esteem, function, sense and speech. The authors therefore conclude that NobelActive can be used safely and effectively under demanding conditions such as immediate tooth replacement in extraction sites – not only with regards to CSR and hard- and soft-tissue health, but also in terms of patient satisfaction.

# Clinical cases

## Excellent esthetic outcome at 8-year follow-up with immediate temporization on a NobelActive implant



Clinical situation before treatment.



Clinical view of temporary after surgery (immediate provisionalization).



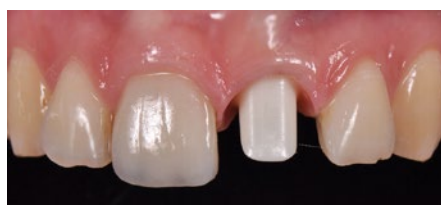
Radiograph showing temporary after surgery.



Radiograph showing temporary after 3 months.



Clinical view of soft tissue before finalization.



Zirconia abutment in situ.



Screw-retained crown



Clinical view following finalization.



Radiograph following finalization.



Excellent esthetic outcome at 8 years' follow-up



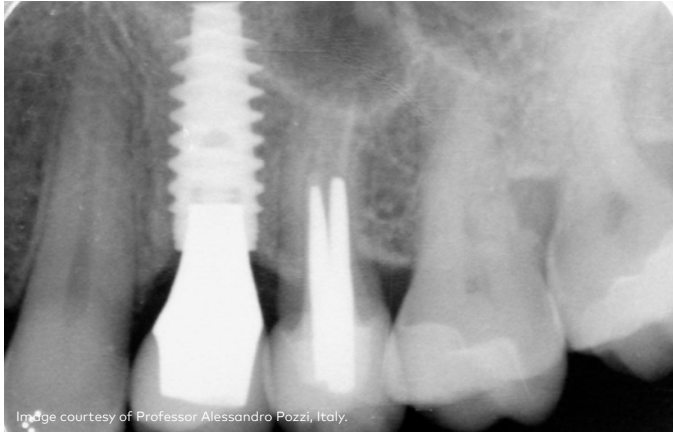
Radiograph at 8 years' follow-up

Images courtesy of Dr. Giacomo Fabbri, Italy.

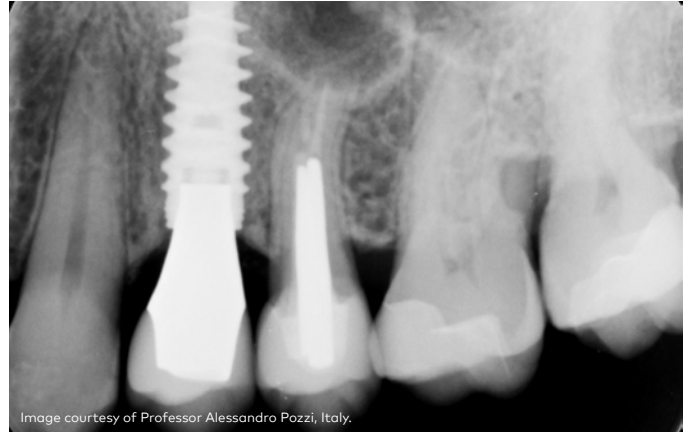
### NobelActive supporting hard and soft tissue long-term

Immediate implant placement in a fresh extraction socket of a NobelActive RP implant 4.3 mm × 13 mm. Socket augmentation was performed, using xenograft and autogenous soft tissue grafting harvested from the

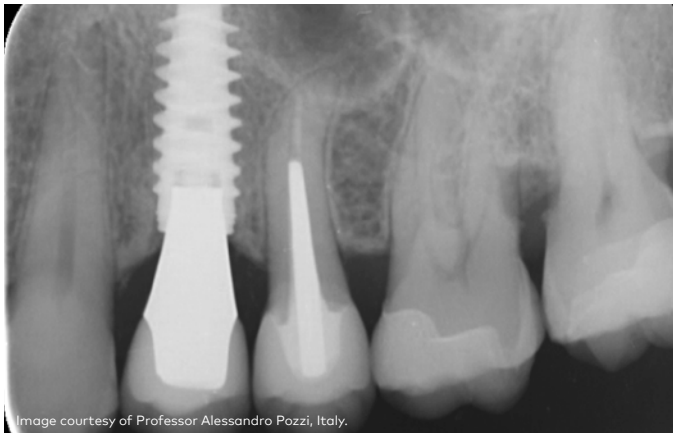
tuberosity area, to close the socket and increase the amount of soft tissue at the recipient site. A lithium disilicate crown was cemented onto an anatomically shaped zirconia abutment.



Radiological outcome with NobelActive at 1-year follow-up, showing stable bone.



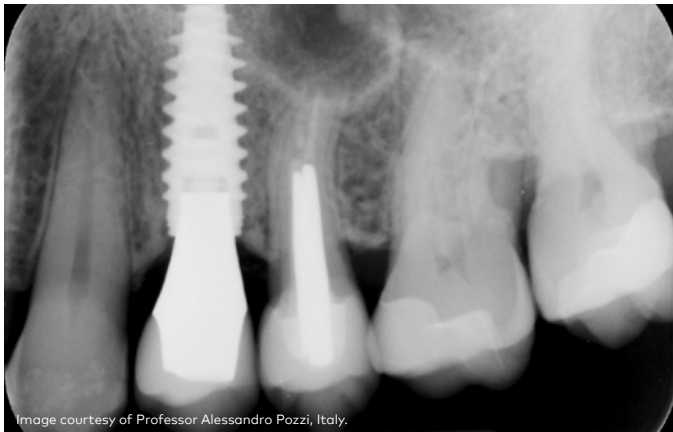
Radiological outcome with NobelActive at 7-year follow-up, showing stable bone.



Radiological outcome with NobelActive at 3-year follow-up, showing stable bone.



Radiological outcome with NobelActive at 9.5-year follow-up, showing bone overgrowth over time onto the implant platform.



Radiological outcome with NobelActive at 5-year follow-up, showing stable bone.



Image courtesy of Professor Alessandro Pozzi, Italy.

Clinical outcome with NobelActive at 1-year follow-up, showing healthy papilla.



Image courtesy of Professor Alessandro Pozzi, Italy.

Clinical outcome with NobelActive at 7-year follow-up, showing healthy papilla.



Image courtesy of Professor Alessandro Pozzi, Italy.

Clinical outcome with NobelActive at 3-year follow-up, showing healthy papilla.



Image courtesy of Professor Alessandro Pozzi, Italy.

Clinical outcome with NobelActive at 9.5-year follow-up.



Image courtesy of Professor Alessandro Pozzi, Italy.

Clinical outcome with NobelActive at 5-year follow-up, showing healthy papilla.

## Overview of studies

The following overview includes clinical studies using NobelActive implants. The studies are ordered by follow-up time.

Only peer-reviewed publications are listed. Meeting abstracts, reviews, single case reports, technique descriptions, and animal and in-vitro tests are excluded. The total number of implants and patients included in this overview is over 14,300 and 2,600 respectively, with mean implant survival rate of 98.5 %.<sup>A</sup>

Marginal bone level change is reported only for studies where implant level baseline is presented. For more information on these studies visit PubMed at [pubmed.gov](https://pubmed.gov).

Reference	Mean follow-up time [years] <sup>B</sup>	Study type	Indication/ study focus	No. of implants <sup>C</sup>	No. of patients	Implant survival rate [%]	Mean change in marginal bone level (SD) [mm]
Jensen et al., 2016 <sup>14</sup>	5	Retrospective	Fully edentulous, Maxilla, Immediate loading	158	39	94.9 <sup>D</sup>	NR
Li et al., 2017 <sup>21</sup>	5	Prospective	Fully edentulous, Maxilla & mandible, Extraction, All-on-4	28	NR	100 <sup>D</sup>	NR
Cosyn et al., 2016 <sup>7</sup> Cosyn et al., 2013 <sup>22</sup>	5	Prospective	Single tooth, Anterior & posterior, Maxilla, Cement & screw, Extraction, Immediate loading	22	22	94.1 <sup>D</sup>	-0.19 (0.3)
Passos et al., 2016 <sup>23</sup>	5	Retrospective	Single tooth, Anterior, Maxilla & mandible	12	NR	100 <sup>D</sup>	NR
Babbush, 2015 <sup>24</sup>	4.5	Retrospective	Maxilla & mandible, Screw, Healed & extraction, All-on-4	5002	NR	98.1	NR
Pozzi et al., 2015 <sup>25</sup>	4.1	Prospective	Fully edentulous, Maxilla & mandible, Screw, Healed, Immediate loading, Guided surgery	62	NR	100	NR
Pozzi and Moy, 2014 <sup>26</sup>	3.7	Prospective	Partially edentulous, Maxilla, Posterior, Immediate loading, Guided surgery	37	NR	97.3	NR
Pozzi et al., 2015 <sup>27</sup>	3.5	Retrospective	Fully edentulous, Maxilla & mandible, Healed & extraction, Immediate loading, Guided surgery	85	NR	100 <sup>D</sup>	NR
Babbush et al., 2014 <sup>28</sup>	3.4	Retrospective	Maxilla & mandible, Anterior & posterior, Cement & screw, Fully edentulous, Healed & extraction, All-on-4	60	15	98.3 <sup>D</sup>	NR
Demanet et al., 2011 <sup>29</sup>	3	Retrospective	Maxilla & mandible, Anterior & posterior, Healed & extraction, 1-stage & 2-stage	466	172	99.1	-0.39 (NR)
De Santis et al., 2016 <sup>30</sup>	3	Prospective	Maxilla & mandible, Anterior & posterior, Screw, 2-stage, Delayed loading	144	62	98.6	-0.70 (0.5)
Arnhart et al., 2012 <sup>17</sup> Kielbassa et al., 2009 <sup>18</sup>	3	Prospective	Maxilla & mandible, Anterior & posterior, Cement & screw, Healed, 1-stage, Immediate loading	117	117	96 <sup>D</sup>	-0.89 (1.7) <sup>D</sup>
Kolinski et al., 2014 <sup>1</sup> McAllister et al., 2012 <sup>31</sup>	3	Prospective	Maxilla & mandible, Anterior & posterior, Screw, Extraction, 1-stage, Immediate loading	60	55	98.3	+0.30 (1.6)
Pozzi et al., 2014 <sup>2</sup> Pozzi et al., 2014 <sup>32</sup>	3	Prospective	Mandible, Posterior, Cement, Single-tooth, Healed, 2-stage, Early loading	44	34	100	-0.67 (0.4)

Reference	Mean follow-up time [years] <sup>a</sup>	Study type	Indication/ study focus	No. of implants <sup>c</sup>	No. of patients	Implant survival rate [%]	Mean change in marginal bone level (SD) [mm]
Chrcanovic et al., 2018 <sup>33</sup>	2.9	Retrospective	Maxilla & mandible, Anterior & posterior, Screw, Partially & fully edentulous	123	NR	NR	NR
Polizzi et al., 2016 <sup>11</sup>	2.4	Retrospective	Maxilla, Anterior & posterior, Healed & extraction, Immediate loading, Guided-Surgery	160	27	99.4	-0.58 (0.98)
De Vico et al., 2011 <sup>34</sup>	2.1	Prospective	Maxilla & mandible, Anterior & posterior, Screw, Fully edentulous, Healed & extraction, 1-stage, Immediate loading, Guided surgery, All-on-4	140	35	100	-0.72 @ 1 year (NR) <sup>d</sup>
Babbush and Brokloff, 2012 <sup>15</sup> Babbush et al., 2011 <sup>35</sup>	2	Retrospective	Maxilla & mandible, Anterior & posterior, Healed & extraction, 1-stage & 2-stage	1001	293	97.4	NR
Drago, 2016 <sup>36</sup>	2	Retrospective	Maxilla & mandible, Anterior & posterior, Screw, Fully edentulous, Healed & extraction, 1-stage, Immediate loading	774	130	99.5	NR
Drago, 2017 <sup>37</sup>	2	Retrospective	Maxilla & mandible, Anterior & posterior, Screw, Fully edentulous, Healed & extraction, Immediate loading, All-on-4	770	128	99.5	NR
Drago, 2016 <sup>38</sup>	2	Retrospective	Maxilla & mandible, Anterior & posterior, Screw, Fully edentulous, Healed & extraction, 1-stage, Immediate loading, All-on-4	766	129	99.5	NR
Orentlicher et al., 2014 <sup>39</sup>	2	Retrospective	Maxilla & mandible, Anterior & posterior, Healed & extraction, Guided surgery	121	NR	95.9	NR
Ganeles et al., 2017 <sup>8</sup>	2	Prospective	Single-arm, single center, Maxilla, Anterior & posterior, Single-tooth, Extraction, 1-stage	15	15	100	+0.83 (2.73)
Aires and Berger, 2016 <sup>40</sup>	1.6	Retrospective	Maxilla & mandible, Anterior & posterior, Screw, Fully edentulous, Healed & extraction, 1-stage & 2-stage, Guided surgery	1657	228	99.4	NR
Younes et al., 2016 <sup>41</sup>	1.6	Retrospective	Maxilla, Posterior, Cement & screw, 1-stage & 2-stage	165	57	98.2 <sup>d</sup>	NR
Babbush et al., 2016 <sup>42</sup>	1.3	Retrospective	Maxilla & mandible, Anterior & posterior, Fully edentulous, Healed & extraction, 1-stage, Immediate loading, All-on-4	856	169	99.8	-0.14 (0.6)
MacLean et al., 2016 <sup>43</sup>	1.3	Retrospective	Maxilla & mandible, Anterior, Cement & screw, Single-tooth, Healed & extraction, 1-stage & 2-stage	44	34	96.4	-0.36 (0.9)
Gultekin et al., 2013 <sup>3</sup>	1.25	Prospective	Maxilla & mandible, Anterior & posterior, Cement, Partially edentulous, Healed, 2-stage, Delayed loading, Guided surgery	43	NR	100	-0.35 (0.1)
Babbush and Kanawati, 2015 <sup>44</sup>	1.0	Retrospective	Maxilla & mandible, Anterior & posterior, Healed & extraction	262	65	98.1	NR
Yamada et al., 2015 <sup>4</sup>	1	Prospective	Maxilla, Anterior & posterior, Screw, Fully edentulous, Healed, 1-stage, Immediate loading, Guided surgery	290	50	98.6	-0.32 (0.4)
Babbush et al., 2013 <sup>13</sup>	1	Retrospective	Maxilla & mandible, Anterior & posterior, Fully edentulous, Healed & extraction, 1-stage & 2-stage	227	53	98.7	NR
Esposito et al., 2017 <sup>45</sup>	1	Prospective	Maxilla & mandible, Single-tooth, Immediate loading, Immediate-delayed & delayed loading	210	210	95.7	-0.28 (0.16) <sup>d</sup>

Reference	Mean follow-up time [years] <sup>a</sup>	Study type	Indication/ study focus	No. of implants <sup>c</sup>	No. of patients	Implant survival rate [%]	Mean change in marginal bone level (SD) [mm]
Galindo and Burtura, 2012 <sup>46</sup>	1	Retrospective	Mandible, Anterior & posterior, Screw, Fully edentulous, Mixed, 1-stage, Immediate loading, Guided surgery, All-on-4	60	183	100 <sup>d</sup>	≤-1.0 (NR)
Cosyn et al., 2015 <sup>47</sup>	1	Prospective	Maxilla, Anterior & posterior, Screw, Single-tooth, Healed, 1-stage, Delayed loading	47	47	100	-0.48 (0.5)
Slagter et al., 2015 <sup>48</sup>	1	Prospective	Maxilla, Anterior & posterior, Cement & screw, Single-tooth, Extraction, 1-stage & 2-stage	40	40	100	-0.70 (NR) <sup>d</sup>
Slagter et al., 2016 <sup>49</sup>	1	Prospective	Maxilla, Anterior, Cement & screw, Single-tooth, Healed & extraction, 2-stage, Delayed loading	40	40	100	-0.53 (NR) <sup>d</sup>
Cristalli et al., 2015 <sup>50</sup>	1	Prospective	Maxilla & mandible, Anterior & posterior, Cement, Single-tooth, Extraction, 1-stage, Immediate loading	25	24	92	-0.33 (NR) <sup>d</sup>
Rokn et al., 2015 <sup>51</sup>	1	Prospective	Mandible, Posterior, Single-tooth	25	NR	100 <sup>d</sup>	-0.68 (0.5)
Antoun et al., 2017 <sup>52</sup>	1	Retrospective	Maxilla & mandible, Anterior & posterior, Cement & screw, Single-tooth, Fully & partially edentulous, 1-stage & 2-stage, Immediate loading, Early & delayed loading	134	NR	97.0	NR
Zuiderveld et al., 2018 <sup>53</sup>	1	Retrospective	Maxilla, Anterior, Screw, Single-tooth, Extraction, 1-stage, Immediate loading	60	60	96.7	-0.01 <sup>d</sup>
Kolinski et al., 2018 <sup>20</sup>	1	Prospective	Maxilla & mandible, Anterior, Cement & screw, Single-tooth, Healed & Extraction, Immediate loading	82	71	96.7	-0.25

Source: Nobel Biocare data on file (REP 134625/000/05), updated with Nobel Biocare database and PubMed search results for publications in 2016 – February 2018.

A: Arithmetic mean weighted by number of initially placed implants (implant survival rate).

B: Where the mean follow-up time was not available the reported follow-up time was used (minimum one-year follow-up). Last radiological follow-up for mean marginal bone level change may differ from the overall study follow-up.

C: Minimum 10 implants.

D: The percentage of surviving implants/prostheses or MBL was calculated.

NR: Not reported.

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## Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



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